



# RESOURCES FOR THE MILITARY FAMILY

## Fleet and Family Services:

Phone: (904) 270-6600 ext 1701

1 Massey Ave. Jacksonville FL 32228

- New Parent Support Program
- Newborn care classes at the Fleet and Family Support
- In-home newborn care assistance and education
- Counseling: individual, group, grief and family counseling
- Crisis intervention and ongoing therapy
- Sexual Assault Prevention and Response
- Financial counseling programs
- Exceptional Family Member Program coordinator
- Family Advocacy Program educator
- Suicide, anger and stress management programs
- Job searching and interviewing support for adults and adolescents

## Navy Marine Corps Relief Society

Phone: (904) 270-5418

Naval Station Mayport

Building 1, Massy Ave. Jacksonville FL 32228

- Offer emergency financial assistance
- Visiting nurse program
  - In-home lactation support
  - In-home baby weight checks

## Breasting Feeding Shop

Phone: 866-255-6779 Fax: 866-430-7882

344 Main Street Emmaus, PA 18049

TheBreastfeedingShop.com

**Benefits vary by insurer and plan. May cover electric breast pump for nursing Moms.**